

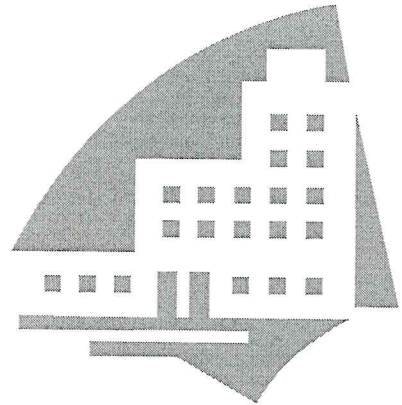


Cardiac Catheterization

Dear Parents—Your child has just had a Cardiac Catheterization and is ready to go home. This information will help ensure your child has a safe recovery after leaving the hospital.

Caring for the surgical site

- Keep the puncture site dry and clean. If the dressing becomes soiled or wet, remove it and wash the skin with soap and water. Let the area dry and then apply another adhesive strip bandage. Continue to change it, whenever necessary, for 24 hours.
- It is normal for the area to appear slightly bruised. The area may be sensitive for a few days, but should not be painful or reddened.



Pain management

- Your child may feel uncomfortable or have a mild fever on the evening of the procedure. Acetaminophen (Tylenol, Tempra) may be given. The recommended dose is 15 mg per kilogram of body weight every 6 hours.

When will life go back to normal?

Caption

- **Activity:** The day of the procedure, your child should remain in bed except for walking to the bathroom. The following day only quiet activity around the house. After 48 hours your child can resume all normal activities including sports. No heavy lifting for one month.
- **Bathing:** A bath or a shower is allowed 24 hours after the procedure.
- **Diet:** Start with clear fluids and if this is tolerated progress slowly to normal diet. Your child may experience some nausea or vomiting for a few hours after the procedure. If this is the case, offer only clear fluids until the symptoms subside.
- **School/Daycare:** Your child can return after 48 hours.

Is everything OK?

- For the 48 hours following the catheterization, consult the cardiologist on-call if your child has any of these symptoms: difficulty to arouse, loss of consciousness, pallor and weakness, persistent vomiting, redness at puncture site, or bleeding (see below)
- In case of bleeding at puncture site, apply pressure to the site using two fingers for at least 10 minutes, if the bleeding persists call "911" for immediate transport to the emergency room.



Cardiac Catheterization

Contact Information

Monday-Friday from 7h00-18h00

Cardiology Department

514-412-4423

Cardiology Nurses

514-412-4400 ext. 23269

To contact the cardiologist on-call

514-412-4400 ext. 23333

Ask for the pediatric cardiologist on-call

Notes

Disclaimer: Information provided by this pamphlet is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute for medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.